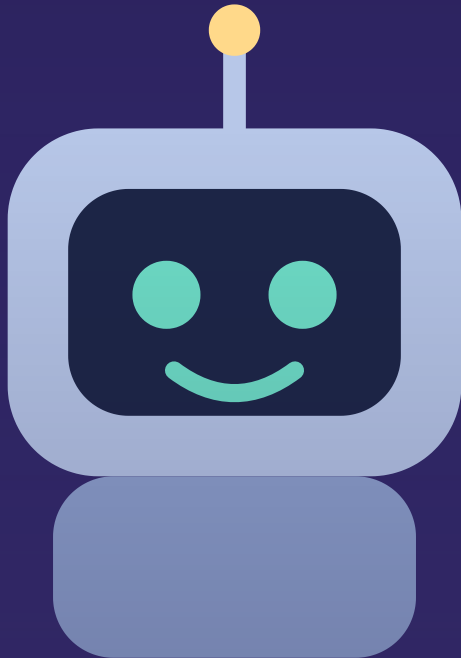




AI FOR CURIOUS KIDS



AI for Curious Kids

A playful, safe guide for curious kids: what AI is, fun and safe things to try, and the golden rules that keep you safe. Best read together with a grown-up.

For curious kids Shipped – measured, gate-clean

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Every claim carries its tier · nothing faked

PREPARED

30 June 2026

VERIFIED BY

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15 years building safety-critical AI

HOW TO READ IT

Drafted with AI, verified by a
named human. Sources at the back.

01 Let's start



Hello, curious one. You've probably heard grown-ups talking about "AI." It sounds mysterious, but it's actually pretty simple — and kind of amazing. This guide will tell you what it is, some fun and safe things to try, and the golden rules that keep you safe. Best of all: read it with a grown-up, so you can explore together.

Read this with a grown-up.

AI can be brilliant fun, but it's a tool for big and little people to use *together*. So grab a parent, a carer or an older brother or sister, and go through this side by side. That's rule number one, and it's the most important one.

02 So... what IS AI?



Imagine a computer that has read a colossal mountain of books, stories and websites — more than any person could read in a hundred lifetimes. Because it has seen so many words, it got very good at one clever trick: guessing which words should come next. That's how it can chat with you, tell a story, or answer a question.

But here's the important secret: **it's guessing**. It isn't a person. It doesn't really *know* things the way you know your own name. Sometimes its guesses are great — and sometimes it gets things completely wrong while sounding very sure. That's not a bug you can fix; it's just how it works. So it's a fun helper, never a teller-of-truth you should trust on your own.



It guesses

the next words that usually come



It read a LOT

but it can still be wrong



Always check

ask a grown-up if it matters

AI is a very good guesser of words — not a wizard who knows everything. That one idea explains almost all of it.

03 Fun and safe things to try (with your grown-up)

Make up a silly story. "Tell me a story about a dinosaur who is scared of vegetables." Then say, "Make it sillier!" or "Now add a dragon who loves broccoli."

Be a poet. "Write a funny poem about my dog who steals socks."

Ask the big questions. "Why is the sky blue?" or "How do bees make honey?" Then check the answer in a real book or with your grown-up — because remember, it guesses!

Invent a game. "Give me a treasure-hunt idea for my back garden."

Get unstuck (not get the answer). If your homework is tricky, ask it to *explain* how something works — like "explain fractions like I'm eight" — so *you* can do the work. Copying its answer isn't learning, and it might be wrong anyway.

Draw with words. Some tools can make pictures from what you type: "a purple cat riding a skateboard on the moon."

The magic of 'tell me more'

The best trick isn't a magic word — it's just chatting back. Didn't like the story? Say "make it funnier." Didn't understand? Say "explain it simpler." You're the boss of the conversation.

04 The Golden Rules

These are the rules that keep AI fun and safe. Learn them like you learn the rules of a game.

A grown-up first, always. Only use AI with a grown-up's permission, and it's best when they're nearby.

Keep your secrets secret. Never tell it your full name, where you live, your school, your phone number, or your passwords. Never send it your photos. Those are for people you trust in real life, not a computer.

It's a helper, not a friend. It might sound friendly, but it isn't a real person and can't care about you the way your family and friends do. Don't tell it your worries — tell a trusted grown-up.

It can be wrong. Don't believe everything it says. If it tells you a "fact," check it in a real book or ask your grown-up. It's a bit like a friend who tells great stories but sometimes makes things up.

Be kind, and expect kindness. Type the way you'd talk to a friend. And if anything it says ever makes you feel worried, scared, or yucky — stop, and tell your grown-up straight away. You won't be in trouble.

The most important rule of all

If anything ever feels wrong, weird or scary — tell a trusted grown-up right away. You are never, ever in trouble for telling. Grown-ups would much rather you told them, every single time.



Grown-up first

use it together



No secrets in

never your name, school or address



Is it real?

check before you believe it

The Golden Rules, as a picture you can remember.

05 Why grown-ups make the rules here



You might wonder why there are so many rules. It's not because AI is bad — it's because it was mostly made for grown-ups, so a grown-up needs to help set it up and keep an eye out, just like they do with lots of things until you're older. That's why the next part of this guide is written specially for them.

Trusted adults and family safety tools help make AI and the internet safer for children — exploring together is the safest way.

Online safety advice for parents and carers · NSPCC · as of June 2026

06 The fun bottom line



AI is like a super-clever, story-telling, question-answering robot friend — one that's brilliant fun but sometimes gets things wrong, and isn't really a friend at all. Play with it, invent

with it, learn *how* things work with it — always with your grown-up, always keeping your secrets safe, and always telling someone if anything feels off. Now go and ask it to write a poem about a sneezing elephant. Have fun.

07 Sources, glossary & the ledger

Where every claim comes from — and what the plain words mean.

Sources

- 01 Online safety advice for parents and carers** — NSPCC (as of June 2026)

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

- 02 AI and children — advice hub** — Internet Matters (as of June 2026)

<https://www.internetmatters.org/>

THE HONESTY LEDGER

- Shipped — measured, gate-clean.
- 🔬 Research — measured, partial; the gap is shown.
- 📡 Vision — designed, honest; not yet built.

The bigger claim goes up a tier, never down. We show the eval beside the demo — the tiering is the credibility.

For grown-ups: the Parent's Companion

The companion guide for the grown-up looking after you — what you're using, how it works, and how they help keep you safe.

</resources/ai-for-everyone/ai-for-curious-kids-parents-companion>

Nothing faked.

Drafted with AI and checked by a real grown-up. It never pretends a made-up thing is true — and it shows you how to check for yourself.

